

# BLESS

Adapted from Southeast Christian Church

<b>Letter</b>	<b>Description</b>	<b>Example Application Question</b>
<b>B</b> egin with prayer	I will pray for the people in my life and the places that I'm in.	Who do you live, work, and play with that is far from God? Pray that God would create spiritual curiosity in them, and then spend time with them.
<b>L</b> isten	I will listen to and discover the needs of others and the places where God is at work.	In your interactions with others today, take the posture of a learner. Lay down your assumptions, and practice being present.
<b>E</b> at	I will share meals and spend time with people in my life.	Who can you eat with (or have a coffee with) that is far from God? A coworker over lunch? A neighbor during the day? A friend or family member over the weekend?
<b>S</b> erve	I will respond to the needs of others and help them in practical and impactful ways.	Who can you serve this week? Who do you know that has a practical need? Ask them how you can help them.
<b>S</b> tory	I will share the story of Jesus and what He is doing in my life with others.	Start by sharing how God has blessed you and made a difference in your life.